

Lesson Plan

Name of the Assistant/ Associate Professor..... Priiti Dhansekar

Class and Section:..... B.A. 2nd Sem 2018

Subject:..... Home Science

Week	Date	Topics
1	1-Jan-18	Meaning of Health Edu.
	2-Jan-18	Definition of H.E.
	3-Jan-18	Objectives of H.E.
	4-Jan-18	Health Hazards of Modern Age
	5-Jan-18	
	6-Jan-18	
	7-Jan-18	Sunday
2	8-Jan-18	Meaning of Health Edu.
	9-Jan-18	Definition of H.E.
	10-Jan-18	Objectives of H.E.
	11-Jan-18	Health Hazards of Modern Age - Air pollution
	12-Jan-18	Water pollution
	13-Jan-18	Soil pollution
	14-Jan-18	Sunday
3	15-Jan-18	Noise pollution
	16-Jan-18	Factors relating to health food habits
	17-Jan-18	posture, exercise
	18-Jan-18	rest & sleep
	19-Jan-18	cleanliness of body
	20-Jan-18	Test
	21-Jan-18	Sunday
4	22-Jan-18	Vasant Panchami
	23-Jan-18	Water - importance of water
	24-Jan-18	Sir Chhotu Ram Jayanti
	25-Jan-18	impurities of water
	26-Jan-18	Republic Day
	27-Jan-18	Types of water
	28-Jan-18	Sunday
5	29-Jan-18	Sources of contamination
	30-Jan-18	purification of water
	31-Jan-18	Natural methods

Lesson Plan

Name of the Assistant/ Associate Professor..... Prati Shankar

Class and Section:..... B.A 2nd sem, 2018

Subject:..... Home Science

Week	Date	Topics
	1-Feb-18	Domestic methods
	2-Feb-18	Domestic methods
	3-Feb-18	Test
	4-Feb-18	Sunday
6	5-Feb-18	Definition of infection
	6-Feb-18	Infective Agents
	7-Feb-18	infectious diseases
	8-Feb-18	Communicable diseases
	9-Feb-18	incubation period
	10-Feb-18	Maharshi Dayanand Saraswati Jayanti
	11-Feb-18	Sunday
7	12-Feb-18	mode of transmission Maha Shivratri
	13-Feb-18	
	14-Feb-18	channels of transmission
	15-Feb-18	isolation
	16-Feb-18	Disinfectants - Definition
	17-Feb-18	types of Disinfectant
	18-Feb-18	Sunday
8	19-Feb-18	Methods of Disinfectant
	20-Feb-18	Immunity
	21-Feb-18	Definition
	22-Feb-18	Types of Immunity
	23-Feb-18	immunization schedule
	24-Feb-18	"
	25-Feb-18	Sunday
9	26-Feb-18	Test
	27-Feb-18	Diseases spread by insects
	28-Feb-18	Malaria

Lesson Plan

Name of the Assistant/ Associate Professor..... Aarti Shankhau

Class and Section:..... B.A 2nd sem 2018

Subject:..... H. Science

Week	Date	Topics
	1-Mar-18	Guru Ravidas Birthday
	2-Mar-18	Holi
	3-Mar-18	Disease spread by ingestion -
	4-Mar-18	Sunday
10	5-Mar-18	Enteric Fever
	6-Mar-18	"
	7-Mar-18	Dysentery
	8-Mar-18	"
	9-Mar-18	Cholera
	10-Mar-18	"
	11-Mar-18	Sunday
11	12-Mar-18	Test
	13-Mar-18	Disease spread by droplet infection
	14-Mar-18	Measles
	15-Mar-18	"
	16-Mar-18	Mumps
	17-Mar-18	"
	18-Mar-18	Sunday
12	19-Mar-18	Diphtheria
	20-Mar-18	"
	21-Mar-18	Tuberculosis
	22-Mar-18	"
	23-Mar-18	Disease spread by contact
	24-Mar-18	Leptosy
	25-Mar-18	Sunday/ Ram Navami
13	26-Mar-18	Leptosy
	27-Mar-18	Tetanus
	28-Mar-18	"
	29-Mar-18	Mahavir Jayanti
	30-Mar-18	Test
	31-Mar-18	Transmission of heat

Lesson Plan

Name of the Assistant/ Associate Professor... P. H. Chhabra

Class and Section:..... BA 2nd sem. 2018

Subject:..... Home Science

Week	Date	Topics	
14	1-Apr-18	Sunday	
	2-Apr-18	Elementary ideas about transmission of heat	
	3-Apr-18	Heat transmission in daily life	
	4-Apr-18	clothes, utensils	
	5-Apr-18	fire place	
	6-Apr-18	Thermos flask	
	7-Apr-18	"	
	8-Apr-18	Sunday	
15	9-Apr-18	Thermometers	
	10-Apr-18	scales of measurement	
	11-Apr-18	"	
	12-Apr-18	"	
	13-Apr-18	"	
	14-Apr-18	Dr Ambedkar Jayanti / Vaisakhi	
	15-Apr-18	Sunday	
	16-Apr-18	Conversion of centigrade to Fahrenheit	
16	17-Apr-18	"	
	18-Apr-18	Parashurama Jayanti	
	19-Apr-18	Test	
	20-Apr-18	Demonstrations	
	21-Apr-18	Evaporation	
	22-Apr-18	Sunday	
	17	23-Apr-18	Factors affecting evaporation
		24-Apr-18	refrigeration
25-Apr-18		"	
26-Apr-18		"	
27-Apr-18		Test	
28-Apr-18		Test	